

Maximizing Success in the First Year

Tuesdays 5:00 – 6:30 PM, Boyer Hall 130

OBJECTIVE:

To enrich the academic experiences of incoming graduate students and to provide guidance on how to thrive during the first year of the PhD. The goals of these workshops are to: 1) discuss strategies for effectively integrating into the PhD program, lab, and department, 2) provide a space for sharing experiences with peers and 3) build community.

This series of workshops provides a space for reflecting, processing, growing and building community during the critical first quarter of your graduate experience. The first half of each meeting will be dedicated to discussing a specific topic as listed below, followed by group breakout sessions where we will speak informally about your experience with the topic.

<u>DATE</u>	<u>TOPIC</u>
Oct. 11 th	“Building Resilience”
Nov. 1 st	“Fostering the Mentor / Mentee Relationship”
Nov. 29 th	“Thriving During the First Year: Graduate Student Panel”

Food will be provided, please RSVP at https://www.surveymonkey.com/r/MaximizingSuccess_RSVP

RSVP QR Code



FACILITATOR:

Diana Azurdia, PhD Email: dazurdia@mednet.ucla.edu

Office Hours: Please feel free to make an appointment at your convenience!

About the Facilitator:

Dr. Diana Azurdia is the Associate Director for Diversity and Recruitment for Graduate Programs in Bioscience. She also directs the UCLA Bridge to the Doctorate and Entering Mentoring training programs and serves as the SACNAS Chapter Advisor. She has directed several programs that broaden participation in science, served as adjunct faculty in the Chemistry and Biochemistry Department at CSU Los Angeles and performed postdoctoral research in the Department of Obstetrics and Gynecology at the UCLA David Geffen School of Medicine, investigating the role of Wnt/beta-catenin signaling on histone modification and its role in metastasis and proliferation of triple-negative breast cancer cells. She earned her PhD in Molecular Biology and Biochemistry from UCLA, where she was a NIGMS Predoctoral Fellow (F31), and graduated with a B.S. in Biochemistry from CSU Los Angeles, where she was a NIH MARC trainee. Dr. Azurdia is a first-generation Guatemalan-American and the first in her family to attend college.