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PRESENTS...

# Grad School Hacks

Recommended for first year STEM graduate students at UCLA

## **Post-rotation Discussion: Choosing Your Dissertation Lab for First-Year Students**

May 5th, 2021: 12:00 - 1:30 PM PST

<https://tinyurl.com/sk4upsux>

During this interactive session, participants will reflect on and compare research group rotation experiences and discuss factors that are important to consider when selecting a thesis research mentor and group. This session is recommended for first-year Ph.D. students who completed their rotations and are struggling to choose a lab.

## **Fostering Your Research Self-Efficacy**

May 17th, 2021 12:00 - 1:30 PM PST

<https://tinyurl.com/294mswvd>

Self-efficacy is the perceived confidence people have in their ability to perform a specific task or skill. During this interactive session, participants will learn about the four sources of self-efficacy and discuss strategies for bolstering their research confidence and minimizing self-doubt.

## **Managing Conflict in the Research Environment**

June 9th, 12:00 - 1:30 PM PST

<https://tinyurl.com/xsbzjkw4>

The goal of this interactive workshop is to empower participants to proactively identify and successfully navigate common communication difficulties in the research environment in order to foster an enriched environment that facilitates open dialogue.

**JOIN US FOR THIS VIRTUAL EVENING WORKSHOP**

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